

# UNIVERSITY OF **Alberta**

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## ***Department of Physical Education and Sport Studies***

University of Alberta  
Edmonton, Alberta  
Canada T6G 2H9

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### **Faculty and areas of interest**

Kerry Courneya	Behavioral medicine/exercise psychology
John Dunn	Anxiety, aggression, motivation, and perfectionism; secondary interest in scale construction and quantitative statistics
John Hogg	Psychology of performance enhancement: applications for athletes and coaches
Brian Maraj	Perceptual motor behavior
Ron Plotnikoff	Exercise and health behavior change
Wendy Rodgers	Social psychology of exercise, health, and lifestyle behavior
Billy Strean	Sport and exercise psychology: play, games, and fun; sport and physical activity instruction

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### **Degrees offered**

- MA (Thesis)
- MSc (Thesis)
- MA (Course based)
- PhD (Dissertation)

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### **Approx. number of students in program**

- 12-15

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**Approx. number of students in each degree program**

- 14 Master's/8 PhD

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**Approx. number of students who apply to/are accepted by program annually**

- 12-15 apply/6-8 accepted

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**Admissions requirements**

- 4-year degree in physical education (or equivalent)
- Master's degree in a related field

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**The program has available for qualified students**

- Graduate assistantships
- Scholarships
- Other forms of financial aid

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**Internship possibility**

- Not officially

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**Internship required for degree completion**

- N/A

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**Number of hours required for internship**

- N/A

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**Core Graduate Course Offerings:**

- PEDS 540: The Psychology of Performance in Sport and Physical Activity
- PEDS 542: Social Science Perspectives in Physical Activity, Fitness, and Well-Being
- PEDS 543: Seminar in the Learning and Memory of Movement
- PEDS 545: Exercise Oncology
- PEDS 582: Psychosocial Dimensions in Sport and Physical Activity
- PEDS 642: Advanced Seminar in the Psychology of Sport and Physical Activity
- PERLS 541: Social Cognitive Approaches to Health-Promoting Behavior
- PERLS 542: Social Science Perspectives of Physical Activity, Fitness, and Well-Being

# Arizona

## School of Professional Psychology

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2301 West Dunlap Avenue, Suite 211  
Phoenix, AZ 85021

### Program Rating

1	<b>2</b>	3	4	5	6	7
Applied Orientation			Equal Emphasis		Research Orientation	

**Contact Person:** ..... Frank Gardner  
**Phone:** ..... 602.216.2600  
**Fax:** ..... 602.216.2601  
**Email:** ..... Fgardner@azspp.edu  
 Program web site: ..... www.azspp.edu

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### Faculty and areas of interest

Frank Gardner	Sport psychological services in professional sports, performance enhancement and mental skills training in business, psychological assessment in sport and exercise, counseling in sports medicine
Robert Harmison	Performance enhancement, athletes' attitudes toward sport psychology, sport psychology counseling and consulting
Sheryl Harrison	Equestrian studies, arousal regulation
Bart Lerner	Goal setting, imagery, self-confidence, counselor certification, exercise and sport science
Brian Rice	Counseling psychology, addictive behavior, performance enhancement

### Program Information

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#### Degrees offered

- PsyD (Clinical psychology with specialty in sport psychology)
- MA (Sport psychology with specialty in counseling)

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#### Approx. number of students in program

- 15–20 (MA)
- 6–10 (PsyD)

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**Approx. number of students in each degree program**

- 65% MA/35% PsyD
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**Admissions requirements**

GRE *not* required

GPA 3.0 (MA), 3.25 (PsyD)

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**The program has available for qualified students**

- Work study
  - Teaching assistantships
  - Other forms of financial aid
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**Internship possibility**

- Yes
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**Internship required for degree completion**

- Yes
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**Number of hours required for internship**

- MA = 500 hours in applied sport psychology
  - PsyD = 500 hours in applied sport psychology and 2000 hours of combined clinical and sport psychology
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**Number of credit hours required for internship**

- MA = 9 trimester hours
  - PsyD = 27 trimester hours
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**Description of typical internship experience**

- Work with university and junior college athletic teams; work in health and exercise settings; work with professional teams; work with private practice sport psychology services
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**Comments**

Our master's (MA) program is designed to develop strong applied consultants and sport counselors. Students are expected to utilize their degree to work in coaching/education, performance consulting, sport and mental health counseling, exercise/wellness consulting, and as a solid foundation for further graduate (doctoral) training. The program curriculum blends exercise-sport science with counseling and clinical psychology, and applied sport psychology all in one academic department. Students are provided a 500-hour practicum (minimum) with college athletic teams, exercise/wellness facilities, sports medicine facilities, youth sport organizations and professional sport teams. Students have the opportunity to take a minor in professional counseling which meets the requirements for certification as a professional counselor in the state of Arizona.

Our doctoral (PsyD) program in clinical psychology with a formal specialty concentration in sport-exercise psychology, leads to licensure as a professional psychologist and meets the requirements for AAASP certification. The curriculum blends the standard doctoral curriculum in clinical psychology with a 21 to 27 credit sequence in exercise-sport science and applied sport psychology. In addition, students are required to complete, and are provided, a 500 hour (minimum) practicum in applied sport psychology working with collegiate and /or professional teams, exercise and wellness facilities, youth sport organizations and sports medicine/fitness facilities. Doctoral students also complete a doctoral research project under the close guidance of the sport psychology faculty.

These programs are housed within a School of Professional Psychology. Our program is interdisciplinary in nature with faculty from exercise-sport science, counseling psychology and clinical psychology, together comprising an independent department of sport psychology. This unique program structure allows students to be trained in a truly interdisciplinary manner, covering all of the curriculum requirements of AAASP certification, with a clear professional identity of their own.

# Arizona State UNIVERSITY

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## ***Department of Exercise Science and Physical Education***

PEBE 112  
Arizona State University  
Tempe, AZ 85287-0404

### Program Rating

1	2	3	4	<b>5</b>	6	7
Applied Orientation			Equal Emphasis		Research Orientation	

**Contact Person:** ..... Darren C. Treasure  
**Phone:** ..... 480.965.8489 (office)  
 ..... 480.965.3913 (secretary)  
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**Email:** ..... DARREN.TREASURE@ASU.EDU  
**Website:** ..... www.asu.edu/clas/espe/

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### **Faculty and areas of interest**

Debra Crews	Psychological benefits of exercise for special populations
Jennifer Etnier	Age, physical activity and mental health
Daniel M. Landers	Arousal/anxiety/attention and performance
Darwyn E. Linder	Social perception of athletes, pain and performance
Darren C. Treasure	Motivational aspects of physical activity
Ellen Williams	Performance enhancement

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### **Degrees offered**

- MS
- PhD

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### **Approx. number of students in program**

- 15

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**Approx. number of students in each degree program**

- 75% MS/25% PhD

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**Approx. number of students who apply to/are accepted by program annually**

- 40 apply/6–7 accepted

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**Admissions requirements**

- Minimum of 3.00 Jr./Sr. GPA
- Minimum of 50<sup>th</sup> percentile GRE (verbal + quantitative)
- Sport or exercise psychology courses
- Letter of intent indicating goals that are consistent with program
- Mentor willing to work with student
- Major research experience (undergraduate honor's thesis or master's thesis) required of PhD applicants

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**The program has available for qualified students**

- Research assistantships
- Teaching assistantships
- Other forms of financial aid (including out-of-state tuition waivers)

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**Assistantships**

- 0% Fellowships
- 50% Graduate assistantships
- 50% Teaching assistantships
- 100% Tuition waivers (out-of-state)
- 20% Other forms of financial aid (in-state fee waivers)

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**Internship possibility**

- Yes

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**Internship required for degree completion**

- No

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**Number of hours required for internship**

- 10 hours per week for 15 weeks or 20 hours per week for 15 weeks

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**Description of typical internship experience**

- Graduate students who are enrolled in programs in exercise science, psychology, or related fields and who are being mentored by one of the listed faculty members, may gain experience in applied sport psychology by assisting in the provision of psychological skills training to intercollegiate athletes or to other subject populations. Most often, these programs are